

## **Health & Illness Policy**

A Rocha Ontario strives to create safe, healthy work and learning environments for students, staff and anyone attending our programs.

If your child is showing symptoms of illness such as: a temperature over 101 degree F or 38.3 degrees C, nausea and/or vomiting, or diarrhea we ask that they please stay home for at least 24 hours before attending an A Rocha program.

If your child develops one of the above symptoms while at a program, we will contact the child's emergency contact and ask for the student to please return home for the remainder of the day. They should stay home until 24 hours after symptoms have cleared.

Should any participant or staff have the flu, strep throat, viral pneumonia, chicken pox, measles, mumps, conjunctivitis (pink-eye), or another communicable disease, we require them to stay home until the symptoms have been cleared for at least 24 hours, or until a medical professional would deem them fit to return to the program. No medical notes are required.

At all of our programs we promote the use of good hygiene practices such as washing hands frequently, wiping surfaces, and good respiratory etiquette (covering your mouth when you cough, etc.).